

January 2012

Dear Members:

GET READY FOR THE TWENTY FIRST ANNUAL COMPETITION!

The twenty first annual Illinois Lutheran Championship Cheerleading Competition STATE 2012 will be held Friday, March 2, 2012 in Crystal Lake.

NEW COMPETITION SITE

The LSA is pleased to announce STATE Cheerleading Competition for 2012 is being hosted by a new site, Immanuel, Crystal Lake. The competition will be held on Friday, March 2, 2012 at 7:00 PM.

APPLICATION PROCESS, Eligibility, and Competition Rules

The application is an online process; go to www.luthsports.org. From the home page click the link to the application site. Complete and submit School, Squad, and Roster information on the application site – entered by February 15, 2012. (The application site will close at midnight on February 15, 2012.

Mail entry fee (\$110.00) postmarked by February 15, 2012. Mail the check payable to: **Lutheran Sports Association of Illinois.**

Mail to:

John Kelm
Lutheran Sports Association
1300 Winfield Ct.
Roselle, IL 60172

HOUSING

The Schaumburg Marriott will be the site of the STATE 2012 offices and more than 200 tournament rooms. The Woodfield Hyatt will serve as our second location, with over 150 tournament rooms. Both hotels have a wide variety of facilities, including an indoor pool, and a nightly room rate for participants, coaches and fans. All housing arrangements must be made through the LSA website www.luthsports.org . We recommend that you submit your housing reservations early.

PROGRAM BOOK

STATE 2012 needs your support. Please read the materials included or at www.luthsports.org. The LSA appreciates all efforts to help defray the costs of STATE 2012 through the sale of program book advertisements and LSA personal memberships. Schools and parent groups have used the STATE program book as a “cheerleader,” including a wide variety of support, and squad oriented ads. Non-commercial ads can be placed by squad boosters to congratulate your squads on your season as well. The cheerleading ads will be combined together with the basketball program book. An advertising format and price sheet is included and membership applications are listed on the website for your use. All copy ads should be emailed computer ready* **by February 17** to Dave Keller dkeller@luthsports.org. *file types .pdf, .docx, .doc The checks should be mailed to Dave Keller, 1155 S. Ridge Ave. Arlington Heights, IL 60005.

WORSHIP

As brothers and sisters in Christ of Illinois Lutheran Schools, we strongly believe that the fellowship of worship far surpasses the fellowship of competition. For this reason, LSA will have a worship service at St. Peter, Arlington Heights Saturday evening at 8:15pm. Please plan to participate in worship with squads, players and fans from around the state of Illinois.

We hope to see you on March 2, 2012 in Crystal Lake. It will be an exciting day! Come join us for the athletic competition and Christian fellowship.

For further information, please contact:

John Kelm
LSA Director
Home: 630-351-2215
Office: 630-588-8680
Email: jkelm@luthsports.org



Lutheran Sports Association of Illinois
Cheerleading Competition
OFFICIAL CHEER SCORE SHEET



SCHOOL _____	TEAM TOTAL _____
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CITY _____ **PLACEMENT** _____

	POINTS	TEAM SCORE	
I. COMMUNICATION	10	//////////	COMMENTS
(Practicality of Material, Effectiveness of skits with music or words, Eye Contact, Facial Expressions, Crowd involvement)	10		
II. FUNDAMENTAL SKILLS	50	//////////	COMMENTS
[A] MOTIONS - (strong, sharp, arm levels, synchronization)	10		
[B] DANCE - (Rhythm, Creativity, Synchronization)	10		
[C] TUMBLING / JUMPS	10		
[D] PARTNER STUNTS, PYRAMIDS	20		
III. GROUP TECHNIQUES	15	//////////	COMMENTS
[A] SYNCHRONIZATION - (Group Timing in Motions, Stunts, Tumbling, Jumps & Dance)	10		
[B] FORMATIONS/SPACING - (Use of floor, Formation, Changes, Symmetrical Spacing)	5		
IV. OVERALL EFFECT	20	//////////	COMMENTS
[A] DIFFICULTY - (Degree of difficulty of Completed Skills)	10		
[B] CROWD APPEAL - (Choreography, Continuity, Transitions, Visual Effect)	10		
V. SPORTSMANSHIP - (This is the style the team demonstrates. The team should be enthusiastic about the material, but should refrain from taunting or bragging gestures.)	5		COMMENTS
PENALTY			PENALTY POINTS ASSESSED

COMMENTS:

Score check 1 _____ Score check 2 _____ Score check 3 _____ Judge's initials _____

**CHEERLEADING COMPETITION
STATE 2012 SUPPLEMENTARY RULES**

1. Each squad must be under the supervision of a coach or other qualified adult who will be responsible for the conduct of the team at all times.
2. This competition will follow National Federation of State High School Association Spirit Rules. Copies of the NFSHSA Spirit Rules (2011-2012) can be obtained by calling the NFSHSA at 317.972.6900 or by visiting their website at www.nfs.org/rules-spirit.htm .
3. All routines shall not exceed three minutes. A 10-point deduction will be assessed for routines that exceed time limitations. Routines should be no less than 1½ minutes. Timing will begin with the first organized word, movement or note of music after the team is officially announced. Timing will end with the last organized word, movement or note of music. The squad must exit the performance area immediately following their routine.
4. Teams may use music for up to 1½ minutes of their routine. Music must be supplied on a CD. LSA will provide a sound system. It is recommended that each squad bring two copies of their music.
5. All teams are expected to dress uniformly. No jewelry is allowed on any part of the body with the exception of medical and/or religious medallions, which must be taped to the body underneath the uniform. NFSHSA rules will be followed with regard to fingernail length, hair, nail polish and glitter. Teams will be assessed a 25-point deduction for failure to adhere to these safety rules.
6. Unsportsmanlike conduct by competitors or their fans, on and off the floor, may cause for a deduction of 25 points from the team score or disqualification. Teams must remain orderly while the other teams are performing.
7. Practice Floor times will be given before the competition. Teams waiting for floor time should be courteous to the squads on the floor. Floor time will be limited to 1½ minutes.
8. Questions pertaining to the rules should be directed to John Kelm, preferably by e-mail. Please refer to STATE 2012 Cheerleading mailing for contact info.

9. Score sheets will be collected after each performance. Judges will initial any changes. No more than the maximum allowed points in a category will be awarded. Score sheets will be given to head coaches at the conclusion of each day of competition.
10. Music tapes must be cued to start. A representative from the team will be responsible for starting and stopping the music for the team. A staff person will be nearby to help with equipment instructions. Music problems resulting from equipment failure will entitle the performing squad to begin from any part of the routine as determined by the team head coach. Music problems resulting from other difficulties can be brought to the LSA Director for consideration.
11. There will be one panel of judges. Judges decisions are final. All routines will be videotaped and may be reviewed by the judging panel for rules violations.

STATE 2011 JUDGING CRITERIA

The judges will score the squads according to the judging criteria on a 100 point system. In keeping with the proper role of cheerleading, emphasis will be placed on practicality of material.

CHEER & MUSIC ROUTINES

Communication: 10 POINTS

- Practicality of material in routine (use of signs, effectiveness of skills during words, effectiveness of cheer and sideline chant words)
- Voice inflection, eye contact, facial expression

Fundamental Skills: 50 POINTS

- Motions (strong, sharp, arm levels, synchronization) (10 points)
- Dance (rhythm, creativity, synchronization) (10 Points)
- Tumbling (10 Points)
- Partner stunts, pyramids, jumps (20 Points)

Group Techniques: 15 POINTS

- Synchronization (group timing in motions, stunts, tumbling, jumps and dance) (10 Points)
- Formations and spacing (use of the floor, formation changes, and symmetrical spacing) (5 Points)

Overall Effect: 20 POINTS

- Difficulty (degree of difficulty and execution of completed skills) (10 Points)
- Crowd appeal (choreography, continuity, transitions and visual effect) (10 Points)

Sportsmanship: 5 POINTS

- This is the style the cheerleaders demonstrate. The team should be enthusiastic about the material, but should refrain from taunting or bragging gestures that are inconsistent with the team's ability to lead the crowd in support of the athletic team.

Total Points Possible: 100 POINTS

NOTE: THE ENDING OF THE ROUTINE SHOULD BE HELD FOR A FEW SECONDS AND SAFELY DISMOUNTED WITH NO EXCESSIVE CELEBRATION.